Important Resources

After Hours RU NurseLine
When the Health Centers are closed and you have a medical question, call the Rutgers Health Services Advice NurseLine at 800-890-5882.

In an Emergency
Anytime there is sudden, life-threatening, injury or illness:
If you are on-campus, call 848-932-7211 (RU Police)
At any on-campus call box, call 911
If you are off-campus, call 911
For psychological emergencies, call 732-235-5700
(Acute Psychiatric Services)

Quality Assurance

RHS Executive Director 848-932-9063
health@rci.rutgers.edu

Director of Quality and Compliance 848-932-9043

Immunization Questions: vaccine@rci.rutgers.edu
RHS Website: http://health.rutgers.edu

Other Campus & Local Resources
RU Police Department 732-932-7211
RU Office for Violence Prevention & Crime Victim Assistance 848-932-1181
RW Johnson University Hospital 732-828-3000
St. Peter’s University Hospital 732-745-8600
Rape Crisis Hotline 877-655-7273
Rutgers Health Center Pharmacy

The Rutgers Health Center Pharmacy, located in the Hurtado Health Center, is a full retail pharmacy for students, faculty and staff. The Rutgers Telepharmacy, a unique and innovative service, brings prescriptions, over-the-counter medications, and medication counseling by registered pharmacists to students at the Busch-Livingston and Willets Health Centers. Payment options include cash, check, credit card, RU Express and bursar billing. The Rutgers Health Center Pharmacy also offers over-the-counter medications, safer sex, and personal care products. The Condom Corner has a wide variety of safer sex products and prices geared toward college students.

Rutgers Health Center Pharmacy
Hurtado Health Center
College Avenue Campus
848-932-8033

Hours: Monday-Friday
9:30 a.m. - 5:30 p.m.
Fall/Spring Semester
9:00 a.m. - 5:00 p.m.
Summer Semester & Breaks

Busch-Livingston Telepharmacy
848-445-3606

Willetts Telepharmacy*
848-932-8590

Hours: Monday-Friday
9:30 a.m. - 4:30 p.m.
Fall/Spring Semester

* The Willets Health Center is closed from
12:30-1:30 p.m. Monday through Friday

and health outreach, promotion and education services to Rutgers students.
Rutgers Health Services cares for the whole student body, mind and spirit.

Services

Making an appointment
Make an appointment at the Health Center of your choice by calling 848-932-7402. You can also make an appointment on-line at http://health.rutgers.edu.

Same-day appointments are available, please call early for an appointment time. If you need to cancel an appointment, call 848-932-7402 as soon as possible. If you made the appointment on-line, you can cancel on-line.

What to bring to your appointment
Each time you have an appointment, please bring:
☐ Your student i.d.
☐ Your health insurance card.
☐ A list of medications you take, including prescription, over-the-counter, herbal products, supplements, birth control, and vitamins with dosage and instructions.
☐ Any questions you may have.
Welcome to Rutgers Health Services. With multiple locations, Rutgers Health Services offers a full range of medical, counseling, alcohol and drug assistance programs, psychiatric, pharmacy, and more.

All of our services are rendered confidentially without regard to gender, race, sexual orientation, culture, religious beliefs, disabilities, diagnosis, or marital, military or veteran’s status.

Medical services include primary health care, women’s health, men’s health, sports medicine, physicals, travel clinic, immunizations, allergy injections, and more.

Eligibility, Costs, Fees and Mandatory Insurance

Eligibility for Rutgers Health Services
Health Insurance at Rutgers is separate from Health Services on campus. All students currently registered for classes (with the exception of distance learning, online only and continuing education students) are eligible to use Rutgers Health Services. Full-time students who waive out of the University-sponsored Student Health Insurance Plan are eligible for all covered services.

Fees for Using Health Services on Campus
All full-time students pay the health fee as part of their tuition and fees. This fee supports the multiple buildings and wide range of services provided by Rutgers Health Services on the New Brunswick campus, including clinical services (ranging from immediate medical care to physical exams), health outreach, promotion and education, crisis intervention, psychological counseling, substance use and psychiatric services programs. The fee is also used to pay for laboratory testing ordered at the Health Centers and prepayment of co-pays required by private health insurance plans for medical and psychiatric visits. Part-time students do not pay a health fee and may be responsible for co-pays. Fee-for-service options are available for part-time students without health insurance.

Costs and Insurance Billing
Rutgers Health Services submits claims to the student’s health insurance for the services provided. Payment from health insurance companies for services delivered is generally considered payment in full. Rutgers Health Services participates in many health insurance plans for medical and psychiatric services. Even if Rutgers Health Services does not participate in the student’s insurance plan, care will be provided, claims will be submitted as an out-of-network provider, and there may be charges for uncovered items. The following items, which are provided in the Health Centers, are not covered and are the responsibility of the student or their health insurance company: TB skin testing, allergy injections, travel immunizations, medication injections, immunizations and pharmacy purchases.

STUDENTS MUST BRING THEIR INSURANCE CARDS TO ALL VISITS. For more information about costs and third party billing visit http://health.rutgers.edu/services/eligibility-fees-for-using-health-services-on-campus/third-party-billing.

Mandatory Health Insurance: Hard Waiver System
Full-time Rutgers students are required to show proof of insurance coverage each semester. Students must either waive (show proof of private insurance) or enroll in the University-sponsored Student Health Insurance Plan. Hard waiver details, online forms, and the University-sponsored Insurance Plan benefit schedule can be found at www.universityhealthplans.com. Students with private health insurance and part-time students may voluntarily enroll in a University-sponsored Student Health Insurance Plan. Please visit www.universityhealthplans.com for details on plans and how to enroll.
Counseling, Alcohol Program & Promotion, and Education (H.O.P.E.)

Counseling, Alcohol and Other Drug Assistance Program, and Psychiatric Services (CAPS) coordinates the psychological, substance abuse, and psychiatric services on the Rutgers-New Brunswick campus.

CAPS helps students cope with personal problems and realize their personal and educational potential through group counseling, brief therapy, psychiatric consultation, alcohol and substance abuse services, educational workshops, consultation and training and self-help resources. The staff of CAPS includes psychologists, psychiatrists, social workers, certified alcohol and drug counselors and graduate student trainees. All students enrolled in Rutgers University-New Brunswick may utilize CAPS services. Privacy is carefully guarded.

Counseling Services
Counseling Services offers individual, group and relationship counseling, as well as crisis intervention to help students understand and change behaviors or situations that are creating problems in their lives. Most students come to Counseling Services when their usual ways of coping aren’t working well. Counseling helps students deal with specific situations such as the end of a relationship or when procrastination about schoolwork is interfering with academic performance. Counseling Services also helps students deal with depression, anxiety, low self-esteem or sexual identity concerns.

SHADES Theater
SHADES Theater is an interactive, improvisational, multicultural peer theater ensemble. Students create, write, and perform scenes dealing with real life issues — sexual health, violence, relationships, racism, homophobia, body image, and more. Performances include a facilitated discussion between the actors (remaining in character) and the audience. Performances are a safe place to talk openly about crucial and often untouched issues. Auditions are held every fall and spring semester.

Academic courses
- Health & Social Justice
- Sexual Health Advocacy
- Drugs, Culture & Society
- Internships and Practicums
- Wellness Learning Community

Alternative Spring Break
Each spring, H.O.P.E. coordinates an Alternative Spring Break trip to Nicaragua to explore public health systems in a developing country. Participating students must be currently enrolled in International Public Health or have taken it in the immediately prior fall semester.

Rapid-Result HIV Testing
H.O.P.E. coordinates rapid-result HIV testing on campus. Students receive results in just 15 minutes. To find out the testing schedule each semester, go to http://rhshopes.edu or call 848-932-1965
For more information about H.O.P.E. and getting involved, call 848-932-1965, or visit http://rhshopes.rutgers.edu

H.O.P.E. is located at 8 Lafayette Street, College Avenue, 848-932-1965 Fax 732-932-3967
Health Outreach, and Other Drug Assistance Psychiatric Services (CAPS)

H.O.P.E. provides a wide range of services and opportunities to the Rutgers Community - engaging the entire community in health and wellness with an emphasis on student engagement. H.O.P.E. provides students with opportunities to explore health related issues in real-life settings and in the classroom. This is accomplished through:

Peer Education
H.O.P.E. has a large and active peer education program. Students are trained to facilitate programs and discussions on issues that directly impact students’ lives. Peer education opportunities include Sexual Health Advocacy, Alcohol and Drug Awareness Generated by Students, and Nutrition Advocates.
- Sexual Health Advocates help students make informed, responsible decisions regarding their relationships, body image, and sexual health.
- Alcohol and Drug Awareness Generated by Students (ADAwGS) provides information, training, and education to students to help them make informed, responsible decisions regarding alcohol, tobacco, and other drugs.
- Nutrition Advocates create programs and advocacy projects to increase students’ skills and options for healthful eating choices and physical activity.
- Peer Mental Health Advocates facilitate workshops to debunk the myths about mental health and provide information and education about depression, stress, and time management.

Alcohol and Other Drug Assistance Program (ADAP)
ADAP is a counseling and information program for students who are concerned about their drinking or use of other drugs, about a friend’s use/abuse, or about drug and alcohol use in their family.

ADAP programs include: consultation, evaluation and assessment, brief intervention, alcohol and other drug awareness groups, recovery support groups, recovery housing, early recovery program, nicotine assessment and referral, and Adult Children of Alcoholics/Addicts groups.

Psychiatric Services
Psychiatric Services is a clinical program staffed by psychiatrists, who are physicians specializing in the diagnosis and treatment of mental health problems. Services include psychiatric evaluation and medication supervision.

Appointments - How to Get Started
Call 848-932-7884 to make an appointment for a brief telephone screening. You can decide with a counselor what type of planning is needed to connect you to services that will be helpful, either on campus or in the local community. Arrangements may also be made to help you find counseling at other offices on or near campus, if they will be more helpful to you. http://rhscaps.rutgers.edu
Medical Services

For all medical appointments
call 848-932-7402

Student Health Centers

Hurtado Health Center
11 Bishop Place
New Brunswick, NJ 08901-1180
848-932-7402
732-932-8255 (fax)

Hours
Fall/Spring
Monday - Friday:
8:30 a.m. - 8:00 p.m.

Summer/Breaks
Monday - Friday:
8:30 a.m. - 5:00 p.m.

Other services at the
Hurtado Health Center:
Insurance
Rutgers Health Center Pharmacy
RHS Administration

Busch-Livingston
Health Center
110 Hospital Road
Piscataway, NJ 08854
848-445-3250
732-445-3725 (fax)
Telepharmacy
848-445-3606

Willetts Health Center
11 Suydam Street
New Brunswick, NJ
08901-2885
848-932-9805
732-932-1465 (fax)
Telepharmacy
848-932-8590

Hours
Fall/Spring semester
Monday - Friday:
8:30 a.m. - 4:30 p.m.
All other times closed

Counseling, Alcohol and Other Drug Assistance Program & Psychiatric Services (CAPS)

For all CAPS appointments and assistance
call 848-932-7884

CAPS Main Office
College Avenue Campus
Counseling ADAP Psychiatry
17 Senior Street
New Brunswick, NJ 08901

Cook/Douglass Campus
Counseling
61 Nichol Avenue
New Brunswick, NJ 08901

Hours:

Monday - Friday
8:30 a.m. - 4:30 p.m.
College Avenue - year round
Cook/Douglass - Fall & Spring only

Hours
Fall/Spring semester
Monday - Friday:
8:30 a.m. - 12:30 p.m. and
1:30 p.m. - 4:30 p.m.
Closed 12:30 p.m. - 1:30 p.m.
All other times closed