

GET VACCINATED

GET VACCINATED FOR SEROGROUP B MENINGOCOCCAL DISEASE

The New Jersey Department of Health and Rutgers University strongly recommend, with support from the Centers for Disease Control and Prevention, that undergraduate students on the Rutgers University–New Brunswick campus receive the serogroup B meningococcal vaccine Trumenba® (Pfizer) this summer due to the outbreak.

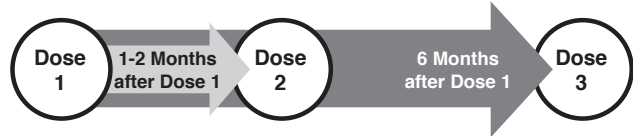
The meningitis vaccine required for residential undergraduate students does not protect against “meningitis B”, which is the type that caused the infections on the Rutgers University–New Brunswick campus.

Based upon the lab testing of the serogroup B meningococcal disease detected on campus, the best protection against the specific outbreak strain at Rutgers University–New Brunswick is expected with the full 3-dose series of Trumenba. Therefore, you are recommended to get Trumenba®.

With Trumenba®, you will get the best protection after completing the 3-dose series of the vaccine. It is strongly encouraged that 2 doses are received before arriving on campus for the Fall 2016 semester.



Trumenba® Dose Schedule



Use this form to track your vaccination appointments and completed vaccination doses. Please take your insurance card and prescription card with you when you go to get vaccinated. A vaccination documentation form must be sent into the University after each dose is administered. Forms can be found at health.rutgers.edu/meningitis/resources-forms.

Trumenba® Vaccination Tracker

	Appointment Date	Administered?	Returned Form?
Dose #1:	_____	<input type="checkbox"/>	<input type="checkbox"/>
Dose #2:	_____	<input type="checkbox"/>	<input type="checkbox"/>
Dose #3:	_____	<input type="checkbox"/>	<input type="checkbox"/>

Your health care provider or pharmacy can use the codes below when submitting a claim to your insurance company.

Health Care Providers: ICD-10 codes to be used to signify vaccination in this outbreak setting are **Z23** and **Z20.811**

KEEP GOOD HYGIENE

Keeping good hygiene helps protect yourself and helps stop the spread of diseases.

- Do not share anything that comes into contact with the mouth (water bottles, drinking glasses, smoking and vaping materials, eating utensils, cosmetics, lip balm)
- Always cough into a sleeve or tissue
- Wash hands frequently (use an alcohol-based sanitizer if soap and water are not available)

KNOW THE SYMPTOMS

Serogroup B meningococcal disease can become deadly in 48 hours or less. If you have any doubts about your symptoms, see a doctor.

- Confusion
- Fatigue (feeling very tired)
- Fever and chills
- In later stages, a dark purple rash
- Nausea and vomiting
- Rapid breathing
- Sensitivity to light
- Severe headache
- Stiff neck