The New Jersey Department of Health and Rutgers University strongly recommend, with support from the Centers for Disease Control and Prevention, that undergraduate students on the Rutgers University-New Brunswick campus receive the serogroup B meningococcal vaccine Trumenba® (Pfizer) this summer.

The meningitis vaccine required for residential undergraduate students does not protect against serogroup B meningococcal disease, which is the type that caused the infections on the Rutgers University–New Brunswick campus.

There are two vaccines that provide protection against serogroup B meningococcal disease: Trumenba® (Pfizer) and Bexsero® (GlaxoSmithKline).

Based upon the lab testing of the serogroup B meningococcal disease detected on campus, the best protection against the specific outbreak strain at Rutgers University–New Brunswick is expected with the full 3-dose series of Trumenba. Therefore, you are recommended to get Trumenba®.

With Trumenba®, you will get the best protection after completing the 3-dose series of the MenB vaccine. It is strongly encouraged that 2 doses are received before arriving on campus for the Fall 2016 semester.

If you have already been vaccinated with Bexsero®, rather than the recommended Trumenba®, you will only need 2 doses of this vaccine. It is strongly encouraged that the 2 doses are received before arriving on campus for the Fall 2016 semester.

Packet Contents and Vaccination Form Instructions

- **“Get Vaccinated” Information Sheet and Trumenba® Dose Tracker**
  Use this to help you keep track of your vaccination doses, upcoming appointments, and whether you’ve sent in your Vaccination Dose Documentation Forms. It also contains codes your health care provider or pharmacy can use when submitting claims to your insurance.

- **Vaccination Documentation Form for Dose #1 of Trumenba®**
  Return this form after completion of Dose #1.

- **Vaccination Documentation Form for Dose #2 of Trumenba®**
  Return this form after completion of Dose #2.

- **Vaccination Documentation Form for Dose #3 of Trumenba®**
  Return this form after completion of Dose #3.

- **Alternate Vaccine Documentation Form for Bexsero®**
  Return this form after completion of Dose #1 and #2.

Upon Completion of Each Vaccination Dose, Return Form To:

**By Email:**
vaccine@rci.rutgers.edu

**By Mail:**
Rutgers University
Attention: Immunizations
57 US Highway 1
New Brunswick, NJ 08901

For more information, visit health.rutgers.edu/meningitis
GET VACCINATED

GET VACCINATED FOR SEROGROUP B MENINGOCOCCAL DISEASE

The New Jersey Department of Health and Rutgers University strongly recommend, with support from the Centers for Disease Control and Prevention, that undergraduate students on the Rutgers University–New Brunswick campus receive the serogroup B meningococcal vaccine Trumenba® (Pfizer) this summer due to the outbreak.

The meningitis vaccine required for residential undergraduate students does not protect against “meningitis B”, which is the type that caused the infections on the Rutgers University–New Brunswick campus.

Based upon the lab testing of the serogroup B meningococcal disease detected on campus, the best protection against the specific outbreak strain at Rutgers University–New Brunswick is expected with the full 3-dose series of Trumenba. Therefore, you are recommended to get Trumenba®.

With Trumenba®, you will get the best protection after completing the 3-dose series of the vaccine. It is strongly encouraged that 2 doses are received before arriving on campus for the Fall 2016 semester.

Trumenba® Dose Schedule

Use this form to track your vaccination appointments and completed vaccination doses. Please take your insurance card and prescription card with you when you go to get vaccinated. A vaccination documentation form must be sent into the University after each dose is administered. Forms can be found at health.rutgers.edu/meningitis/resources-forms.

Trumenba® Vaccination Tracker

<table>
<thead>
<tr>
<th>Appointment Date</th>
<th>Administered?</th>
<th>Returned Form?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dose #1:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dose #2:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dose #3:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Your health care provider or pharmacy can use the codes below when submitting a claim to your insurance company.

Health Care Providers: ICD-10 codes to be used to signify vaccination in this outbreak setting are Z23 and Z20.811

KEEP GOOD HYGIENE

Keeping good hygiene helps protect yourself and helps stop the spread of diseases.

- Do not share anything that comes into contact with the mouth (water bottles, drinking glasses, smoking and vaping materials, eating utensils, cosmetics, lip balm)
- Always cough into a sleeve or tissue
- Wash hands frequently (use an alcohol-based sanitizer if soap and water are not available)

KNOW THE SYMPTOMS

Serogroup B meningococcal disease can become deadly in 48 hours or less. If you have any doubts about your symptoms, see a doctor.

- Confusion
- Fatigue (feeling very tired)
- Fever and chills
- In later stages, a dark purple rash
- Nausea and vomiting
- Rapid breathing
- Sensitivity to light
- Severe headache
- Stiff neck
The New Jersey Department of Health and Rutgers University strongly recommend, with support from the Centers for Disease Control and Prevention, that undergraduate students on the Rutgers University-New Brunswick campus receive the serogroup B meningococcal vaccine Trumenba® (Pfizer) this summer.

Based upon the lab testing of the serogroup B meningococcal disease detected on campus, the best protection against the specific outbreak strain at Rutgers University–New Brunswick is expected with the full 3-dose series of Trumenba® (Pfizer). Therefore, you are recommended to get Trumenba®.

With Trumenba®, you will get the best protection after completing the 3-dose series of the vaccine. It is strongly encouraged that 2 doses are received before arriving on campus for the Fall 2016 semester.

**Trumenba® Dose Schedule**

<table>
<thead>
<tr>
<th>Dose 1</th>
<th>1-2 Months after Dose 1</th>
<th>Dose 2</th>
<th>6 Months after Dose 1</th>
<th>Dose 3</th>
</tr>
</thead>
</table>

Please fill out this form upon completion of Dose 1 and return to Rutgers University–New Brunswick.

**Kindly Print**

- Student Name: ____________________________________________
- Date of Birth: ______________________ RUID #: ______________________

**To Be Completed by Health Care Provider or Pharmacy**

- Provider Name: ____________________________________________
- Address: ____________________________________________________
- City: ______________________ State: ______________________ Zip: ______________
- Phone: ______________________________________________________
- Trumenba® Dose #1 Date: __________________________
- Provider Signature (Required): __________________________

**Return Form To:**

**By Email:**
vaccine@rci.rutgers.edu

**By Mail:**
Rutgers University
Attention: Immunizations
57 US Highway 1
New Brunswick, NJ 08901

For more information, visit health.rutgers.edu/meningitis
The New Jersey Department of Health and Rutgers University strongly recommend, with support from the Centers for Disease Control and Prevention, that undergraduate students on the Rutgers University-New Brunswick campus receive the serogroup B meningococcal vaccine **Trumenba® (Pfizer)** this summer.

Based upon the lab testing of the serogroup B meningococcal disease detected on campus, the best protection against the specific outbreak strain at Rutgers University–New Brunswick is expected with the full 3-dose series of **Trumenba® (Pfizer)**. Therefore, you are recommended to get **Trumenba®**.

With **Trumenba®**, you will get the best protection after completing the 3-dose series of the vaccine. It is strongly encouraged that 2 doses are received before arriving on campus for the Fall 2016 semester.

**Trumenba® Dose Schedule**

1. **Dose 1**
2. 1-2 Months after Dose 1
3. **Dose 2**
4. 6 Months after Dose 1
5. **Dose 3**

Please fill out this form upon completion of Dose 2 and return to Rutgers University–New Brunswick.

**Kindly Print**

**Student Name:**

**Date of Birth:** ___________________________ **RUID #:** ___________________________

**To Be Completed by Health Care Provider or Pharmacy**

**Kindly Print**

**Provider Name:**

**Address:**

**City:** ___________________________ **State:** _________ **Zip:** ______________

**Phone:** ___________________________

**Trumenba® Dose #2 Date:** ___________________________

**Provider Signature (Required):** ___________________________

**Return Form To:**

**By Email:**

vaccine@rci.rutgers.edu

**BY MAIL:**

Rutgers University
Attention: Immunizations
57 US Highway 1
New Brunswick, NJ 08901

For more information, visit health.rutgers.edu/meningitis
The New Jersey Department of Health and Rutgers University strongly recommend, with support from the Centers for Disease Control and Prevention, that undergraduate students on the Rutgers University-New Brunswick campus receive the serogroup B meningococcal vaccine \textit{Trumenba® (Pfizer)} this summer.

Based upon the lab testing of the serogroup B meningococcal disease detected on campus, the best protection against the specific outbreak strain at Rutgers University–New Brunswick is expected with the full 3-dose series of \textit{Trumenba® (Pfizer)}. Therefore, you are recommended to get \textit{Trumenba®}.

With \textit{Trumenba®}, you will get the best protection after completing the 3-dose series of the vaccine. It is strongly encouraged that 2 doses are received before arriving on campus for the Fall 2016 semester.

**Trumenba® Dose Schedule**

- **Dose 1**: 1-2 Months after Dose 1
- **Dose 2**: 6 Months after Dose 1
- **Dose 3**: 6 Months after Dose 1

Please fill out this form upon completion of Dose 3 and return to Rutgers University–New Brunswick.

**Kindly Print**

- Student Name: ______________________________________________________
- Date of Birth: ________________________ RUID #: ______________________

**To Be Completed by Health Care Provider or Pharmacy**

- Provider Name: ______________________________________________________
- Address: ____________________________________________________________
- City: __________________________ State: ________ Zip: ________________
- Phone: __________________________
- Trumenba® Dose #3 Date: ______________________________________________
- Provider Signature (Required): _________________________________________

**Return Form To:**

- **By Email:**
  
vaccine@rci.rutgers.edu

- **By Mail:**
  
  Rutgers University
  Attention: Immunizations
  57 US Highway 1
  New Brunswick, NJ 08901

For more information, visit health.rutgers.edu/meningitis
The New Jersey Department of Health and Rutgers University strongly recommend, with support from the Centers for Disease Control and Prevention, that undergraduate students on the Rutgers University-New Brunswick campus receive the serogroup B meningococcal vaccine Trumenba® (Pfizer) this summer.

Based upon the lab testing of the serogroup B meningococcal disease detected on campus, the best protection against the specific outbreak strain at Rutgers University–New Brunswick is expected with the full 3-dose series of Trumenba. Therefore, you are recommended to get Trumenba®.

If you have already been vaccinated with Bexsero®, rather than the recommended Trumenba®, you will only need 2 doses of this vaccine. It is strongly encouraged that the 2 doses are received before arriving on campus for the Fall 2016 semester.

Bexsero® Dose Schedule

Dose 1 At least 1 month after Dose 1 Dose 2

Please fill out this form upon completion of Dose 1 and Dose 2 and return to Rutgers University–New Brunswick.

Kindly Print
Student Name: ____________________________
Date of Birth: ____________________________ RUID #: ____________________________

To Be Completed by Health Care Provider or Pharmacy

Bexsero® Dose 1 Verification
Kindly Print
Provider Name: ____________________________
Address: __________________________________
City: ______________________________________
State: _________ Zip: _______________________
Phone: _________________________________
Bexsero® Dose #1 Date: _____________________
Provider Signature (Required):
_______________________________________

Bexsero® Dose 2 Verification
Kindly Print
Provider Name: ____________________________
Address: __________________________________
City: ______________________________________
State: _________ Zip: _______________________
Phone: _________________________________
Bexsero® Dose #2 Date: _____________________
Provider Signature (Required):
_______________________________________

Return Form To:
By Email: vaccine@rci.rutgers.edu
OR
By Mail: Rutgers University
Attention: Immunizations
57 US Highway 1
New Brunswick, NJ 08901

For more information, visit health.rutgers.edu/meningitis
The New Jersey Department of Health and Rutgers University strongly recommend, with support from the Centers for Disease Control and Prevention, that undergraduate students on the Rutgers University–New Brunswick campus receive the serogroup B meningococcal vaccine Trumenba® (Pfizer) this summer.

**About Meningococcal Disease**
Meningococcal (muh-nin-jo-cok-ul) disease is a serious illness caused by a type of bacteria called Neisseria meningitidis. The disease may result in inflammation of the lining of the brain and spinal cord (meningococcal meningitis) and/or a serious blood infection (meningococcal septicemia). Meningococcal disease can become deadly in 48 hours or less. Long-term complications may include brain damage, learning problems, skin scarring, hearing loss, and loss of arms and/or legs.

For information about symptoms, visit http://www.cdc.gov/meningococcal/about/symptoms.html.

**Help Prevent the Spread of Serogroup B Meningococcal Disease**
Keeping good hygiene helps protect yourself and helps stop the spread of serogroup B meningococcal disease.
- Do not share anything that comes into contact with the mouth (water bottles, drinking glasses, smoking and vaping materials, eating utensils, cosmetics, lip balm)
- Always cough into a sleeve or tissue
- Wash hands frequently (use an alcohol-based sanitizer if soap and water are not available)

---

**Serogroup B Meningococcal Disease Vaccination Declination**

*Kindly Print*

**Vaccination Declination for (Student Name):** ____________________________________________

**Student Date of Birth:** ___________________________ **RUID#:** ___________________________

I, ___________________________ have read and understand the increased risks for serogroup B meningococcal disease (“meningitis B”) on the Rutgers University–New Brunswick campus. Despite recommendations made by the Centers for Disease Control and Prevention, the New Jersey Department of Health and Rutgers University, I choose not to receive the vaccine for serogroup B meningococcal disease.

**Student Signature** ____________ **Date** ____________

**Parent/Guardian Signature**
(if student is a minor)

**Date** ____________

**Please Note:** If you are declining to receive the MenB vaccination due to limited or no health insurance, please contact vaccine@rci.rutgers.edu to discuss options.

---

**Return Form To:**

**By Email:**
vaccine@rci.rutgers.edu

**OR**

**By Mail:**
Rutgers University
Attention: Immunizations
57 US Highway 1
New Brunswick, NJ 08901

For more information, visit health.rutgers.edu/meningitis