

Share Your Living Space, Not Your Germs.

Meningococcal bacteria are spread from person-to-person through the exchange of saliva, coughs, and sneezes. People who share living spaces are at a higher risk of spreading and catching the bacteria.

Stop the Spread

Even if you have been vaccinated against meningitis B, you can still spread the disease. You can help stop the spread by doing the following:

Don't Share:

- Cups
- Bottles
- Eating utensils
- Smoking materials
- Cosmetics or lip balm
- Be careful with where you set your toothbrushes
- Thoroughly wash your dishware



Get Vaccinated

- The best protection is expected with the full 3-dose series of the meningitis B vaccine Trumenba®.
- The meningitis B vaccine is different than the meningitis vaccine typically administered in junior high or high school.
- All RU–New Brunswick undergraduate students should receive the meningitis B vaccine. This includes all on-campus, off-campus, and commuter undergraduate students.
- Students are required to submit vaccination verification or declination.
- Students can be vaccinated at many NJ pharmacies or at doctors' offices. Please bring your insurance card and prescription card with you.

Know the Symptoms

Meningococcal B disease can become deadly in 48 hours or less. If you have any doubts about your symptoms, see a doctor.

- Confusion
- Fatigue
- Fever and chills
- In later stages, a dark purple rash
- Nausea and vomiting
- Rapid breathing
- Sensitivity to light
- Severe headache
- Stiff neck